

“Interesting topic I must say. My view on a “**Fresh Start**” would be renewed thoughts. Break from the ordinary routine and be a little spontaneous even if it is just taking a different route to work. Part of a fresh start is realigning your character with the purpose you have.

Look at it in the sense of your email inbox, many times we get bombarded with emails about work or school demands, personal matters and sometimes even spam. We allow these emails to clutter our inbox for one of two reasons;

1. We don't have enough time dedicated to each or,
2. We just don't feel like a particular email needs our undivided attention.

Your productivity for the next day or even the next week is determined by how well you clear your inbox on that day or the week before.

Metaphorically our lives are the same; many times we get bombarded with life matters, emotional and physical well-being that needs our attention, family crisis and financial strain. To de-clutter your life and have a fresh start with each new season, we have to pay careful attention to the “emails” or life matters / issues that come our way, dedicate enough time and attention to take care of each section of our lives and make sure to handle the important matters.

A fresh start is not about leaving things unresolved and quickly looking for a new venture, but rather it is about handling matters that need to be handled so the road can be clear for you to undertake your new journey.”

- Monique Moody

“A fresh start is the same as God's new mercies everyday. Don't let the past hold you back, take your new beginning and make it great! Let your past guide you, but don't let it define you. A fresh start is your ability for new direction.”

- Marian Cooksey

